

Adult Allergy & Medical History

How did you hear about our office?

Referral by another physician Referral by another patient
 Phonebook listing Internet Ad; Please circle one Google, Bing or Yahoo
 Other: _____

Name: _____ Birth Date: _____

Reason you were sent to an Allergist: _____

Prior allergy tests (date & where): _____

Prior allergy injections (date & where): _____

Prior Chest x-ray/CT (date & where): _____

Do you now or have you had any problems related to the following? Circle Yes or No.

Diabetes	Y	N	Hypertension (high or low blood pressure)	Y	N
Cancer	Y	N	Stroke	Y	N
Convulsions	Y	N	Heart Disease	Y	N
Asthma	Y	N	Arthritis/Gout/Rheumatism	Y	N
Lung disease	Y	N	Blood Disease	Y	N
Kidney Disease/Stones	Y	N	Peptic Ulcer/ GERD	Y	N

Constitutional symptoms

Fever	Y	N
Night sweats	Y	N
Weight change	Y	N

Eyes

Cataracts	Y	N
Glaucoma	Y	N
Contact Lenses	Y	N

Neurologic

Migraines	Y	N
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Cardiovascular

Irregular heart beat	Y	N
Chest Pain/Angina	Y	N

Pacemaker	Y	N
Palpitations	Y	N

Endocrine

Thyroid disease	Y	N
Osteoporosis	Y	N
Elevated cholesterol	Y	N

Gastrointestinal

Heart burn/indigestion	Y	N
Abdominal pain	Y	N
Nausea/vomiting	Y	N
Diarrhea/constipation	Y	N

Cancer/Tumor

Location _____

Urologic

Prostate enlargement	Y	N
Urinary infections	Y	N

Respiratory

Croup	Y	N
Obstructive sleep apnea	Y	N

Skin

Eczema	Y	N
Hives	Y	N
Psoriasis	Y	N

Immunologic

Recurrent infections	Y	N
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Psychological

HIV	Y	N	Blood transfusion	Y	N
Depression	Y	N	Immunizations Complete	Y	N
Anxiety	Y	N			

Past Surgeries and dates, if known:

1. _____ Year _____ 4. _____ Year _____
 2. _____ Year _____ 5. _____ Year _____
 3. _____ Year _____ 6. _____ Year _____

I. Living Environment-Circle the following

A. Type of structure: Home Apartment Mobile Home

Location of Home: Urban Rural Suburban

Proximal to: Factories Granaries Farm

Approximate age of home: _____ How long have you lived there? _____

Any smokers in residence? Yes No

B. Do you have the following: Basement Crawl Space Slab

Type of basement: Block Poured Finished Michigan cellar

Basement in winter: Dry Damp Basement in summer: Dry Damp

Basement musty or moldy: Yes No Basement leaks with rain: Yes No

Dehumidifier in basement: Yes No Symptoms worse in basement: Yes No

C. Type of Furnace: Gas Wood Oil Electric Coal

Location of furnace: Basement Crawl space 1st floor

Heating system: Forced air Radiator Steam Fireplace Space heater

Type of Filters: Disposable Permanent Electrostatic **How often is filter changed:** _____

Central air conditioning: Yes No Room air cleaner: Yes No

Humidifier on furnace: Yes No Portable humidifier location _____

Fireplace or wood burning stove: Yes No

D. Patient's Bedroom location: Basement 1st floor Upper floor

Bedroom Floor coverings: Carpet (shag) Carpet (short pile) Wood Tile Vinyl

Living Area Floor coverings: Carpet (shag) Carpet (short pile) Wood Tile Vinyl

Bed coverings: Feather comforter ___Yes ___No

Pillow(s): Polyester Foam Feather Cotton Pillow age _____

Are pillows encased? Yes No

Mattress: Cotton innerspring Foam Water Feather Mattress age _____

Is Mattress encased? Yes No Is Box Spring encased? Yes No

Pets in bedroom: Yes No

E. Is there mold growing anywhere in the house: _____

F. Is there anything in your building, yard, or around your house that has not been mentioned that you think is significant in contributing to your problems? _____

II. Inhalant History

- A. Dust: Dust exposure may cause either Nasal or Lung symptoms or both. With the following dust exposures, indicate which symptoms are worse by circling **"N"** to indicate **Nasal**, **"L"** to indicate **Lung**, **"O"** to indicate **None**, and **"U"** to indicate **Unknown**.

Dusty garage:	N	L	O	U	Breathing house dust:	N	L	O	U
Outdoor dust:	N	L	O	U	Dusting and/or vacuuming:	N	L	O	U
Feathers	N	L	O	U					

- B. Molds/Pollens: Do your symptoms worsen after exposure to the following:

Hay:	Yes	No	Unknown	Raking Leaves:	Yes	No	Unknown
Barns:	Yes	No	Unknown	Cut grass(dried/fresh):	Yes	No	Unknown
Damp Basements:	Yes	No	Unknown	Eating mushrooms:	Yes	No	Unknown
Eating cheese:	Yes	No	Unknown				

- C. Danders: Please indicate the number of pets you own, their age and circle whether they are indoor or outdoor?

Cat	# _____	Age _____	Outdoor/Indoor/Bedroom
Dog	# _____	Age _____	Outdoor/Indoor/Bedroom
Parakeet	# _____	Age _____	Outdoor/Indoor/Bedroom
Other	# _____	Age _____	Outdoor/Indoor/Bedroom

What animals aggravate your symptoms? _____

Are you exposed to animals in your workplace? Yes ___ No ___

If so, what animals? _____

- D. Miscellaneous: Which, if any of the following produce onset or an increase in symptoms?

Aerosols (sprays)	Nose	Chest	Both	Newspaper print	Nose	Chest	Both
Perfumes	Nose	Chest	Both	Tobacco smoke	Nose	Chest	Both
Strong chemical odors	Nose	Chest	Both				
Detergent powders	Nose	Chest	Both				
Diesel/gasoline fumes	Nose	Chest	Both				

- E. Physical Agents: Do you have onset or increase of symptoms after exposure to the following?

Temperature change	Yes	No	Onset	Increase
Exercise	Yes	No	Onset	Increase
Drafts	Yes	No	Onset	Increase
Sunlight	Yes	No	Onset	Increase
Weather changes	Yes	No	Onset	Increase
Dampness/rain	Yes	No	Onset	Increase
Wine/beer	Yes	No	Onset	Increase
Barometric pressure change	Yes	No	Onset	Increase

III. Do foods cause any symptoms?

A. Name Food and Associated Symptoms

Food: _____ Symptoms: _____
 Food: _____ Symptoms: _____
 Food: _____ Symptoms: _____
 (hives, rash, runny nose, nausea, vomiting, diarrhea, headache)

IV. Social History

A. Please indicate amount of use where applicable

Alcohol _____ Smoking Current ___ Past ___ Never ___
 Coffee/caffeine _____ Total number of years of smoking _____
 Recreational drugs _____ If you were a smoker, date quit _____
 Hobbies _____ Average packs per day _____
 (cigarette, cigar, pipe)

V. Drugs

A. Have you ever had an adverse or allergic reaction to any medication?

<u>Drug</u>	<u>Reaction</u>	<u>Date</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

VI. Insect Stings:

A. Have you ever had an unusual reaction from an insect sting? Yes No

Date: _____ Type of insect _____
 Type of reaction: _____

VII. Prescription Pharmacy (please choose a pharmacy if you do NOT currently have one)

1. Local Pharmacy: _____

Address: _____

Phone #: _____

Mail Order Pharmacy: _____

VIII. Medications

A. List all current medications including strength and how often you take it:

	Med Name:	Strength (i.e. mg):	Frequency:
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____

IX. Have you had the Influenza Vaccine? What was the date of your last Influenza Vaccine?

No___ Yes___ Date: _____

Please list any other vaccines you have had: (pneumonia, shingles etc.)

Vaccine:_____	Date:_____
Vaccine:_____	Date:_____
Vaccine:_____	Date:_____
Vaccine:_____	Date:_____
Vaccine:_____	Date:_____